



Invites you to a
stimulating afternoon of

Sustainable Living

Workshops

Saturday 28 March 2:00 to 5:00 PM
Medway Centre, Bakewell

Workshop Topics and Events - Also, Information and Exhibits

- ⇒ **Monitoring your Energy Usage ; demonstration of Monitoring tool**
- ⇒ **Local Hydro-Electricity Generation Projects - including Site Visit**
- ⇒ **Cardboard Recycling Project: especially for Bakewell Businesses**
- ⇒ **Local Cycle Path Project: Bakewell to Rowsley and Matlock**
- ⇒ **Guess the Low-Energy Light Bulb Wattage! - Free Bulbs for All !**
- ⇒ **Seed Swap Table: All gardeners welcome! See BAG-AG poster as well**
- ⇒ **Garden Composting Tips & Methods - Free organic fertiliser**
- ⇒ **Bakewell Sustainability Awareness Day - Get Involved & Take Part !**

Timetable

- 2:00 - 2:20** Arrive, Visit Information Tables/Stands, Networking
- 2:20 - 2:50** Welcome, Explanation of Workshops / Events / Projects
- 2:50 - 3:30** Workshops
- 3:30 - 3:50** Refreshments - Networking - Exhibition
- 3:50 - 4:30** Workshops
- 4:30 - 5:00** Share Workshop Outcomes; Next Steps & Plans

All ages welcome! This is a Free event. Please invite your friends, relatives and neighbours to join in what will be a great opportunity to find out how to live a more *Sustainable Lifestyle*, and save £'s as well.

Pre-booking is not required, but we would appreciate (for catering planning) if you could let us know you are planning to attend, by:

emailing to info@sustainablebakewell.org.uk , text to 07790 818883,
or telephone to 01629 815123. **Any Questions? Please contact us.**

Note: You can download this poster from: www.sustainablebakewell.org.uk